on-campus



all-day provisions

ASSORTED PASTRIES

Blueberry Muffin

Ham & Cheese Croissant

Seasonal Muffin

Plain Croissant

BREAKFAST

Egg Sandwiches served on a fresh roll, your choice of:
egg and cheese; bacon, egg and cheese; sausage, egg and cheese
Yogurt & Granola (plain and with compote)
Overnight Oats, Fruit Cup

ASSORTED LUNCH

Basil Chicken Salad sandwich multi-grain, shredded chicken, caramelized onion, walnuts 8 pesto mayo with lettuce and tomato

Tuna sandwich

durum white, white albacore tuna, dill, celery, mayo with lettuce and tomato

BLT sandwich

durum white, bacon, lettuce, basil mayo, tomato

Turkey sandwich

sourdough, roast turkey, bacon, walnut & dried cherry mayo

Jambon Beurre sandwich

baguette, ham, gruyere, butter

Hummus & Greens sandwich

multi-grain, chick pea hummus, arugula, olives, feta & grape tomatoe

coffees/teas

FAIR TRADE, ORGANIC

BREWED COFFEE

DECAF COFFEE

ICED COFFEE

ORGANIC ICED TEA

Unsweetened black tea, green tea or hibiscus

CLASSIC LEMONADE ARNOLD PALMER

KYOTO COFFEE

18-hour cold-brew, rich, smooth and highly caffeinated

HOT CHOCOLATE

VBC Signature blend of cocoa and spices topped with whipped cream

ORGANIC LOOSE LEAF TEA

earl grey imperial

decaf black

holy ginger moroccan mir

MILK OPTIONS

whole (no rBGH) non-fat, soy, almond, coconut, oat

Grain Bowl

quinoa, farro, sweet potato, spiced chickpeas, spinach pesto, pickled reconion, toasted almonds, and lemon vinaigrette

Farm Table Salad

chopped romaine, vegetables, grape tomatoes, walnuts, First Light Farms goat cheese & croutons with a lemon vinaignette

Southwest Salad

chopped romaine, bacon, black beans, corn & grape tomatoes with a pepper-lime dressing

** 80z savory sides - basil chicken, tuna, egg salad **

DESSERTS

Chocolate Chip Cookie, Ginger Molasses Cookie, Gluten Free/Vegan Cookie, Fudge Brownie, Oreo Cookie Brownie, Oatmeal Cookie Sandwich

DRINKS: Water, Johnnie Ryan sodas, tru beverages,

SNACKS: Potato Chips, Granola

_smoothies ___

PB & BANANA

peanut butter, dates, banana, almond milk

ORANGE MANGO

mango, banana, vanilla, orange juice

ACAI FRUIT

acai, mixed berries, banana, orange juice

GREEN

spinach, spirulina, banana, pineapple, ginger, orange juice

COFFEE

espresso, almond butter, banana, mocha almond milk

SUPERCHARGE YUUR SMUUTHIE

add chia seeds, cocoa nibs, ground flax, spirulina, hemp protein add caramel & whipped cream

COOLERS —

CUCUMBER SPLASH

Fresh sliced cucumber, green tea and lemonade

VERY BERRY HIBISCUS

Blackberries, raspberry syrup, hibiscus tea and lemonade

STRAWBERRY BLISS

Strawberries strawberry syrup green tea and lemonade

STRAWRERRIES & CREAM

Strawberries, strawberry syrup, green tea and coconut milk